Homemade Peach Iced Tea

Serves: 8

Ingredients

HOMEMADE PEACH SIMPLE SYRUP:

- 3 peaches, cut into small chunks or slices
- 1 cup white sugar
- 1 cup water

ICED TEA:

- 8 cups water
- 5-6 tea bags (depending on your preferred tea strength)

Instructions

HOMEMADE PEACH SYRUP:

- 1. Place the sugar, water, and peaches in a medium saucepan over medium heat. Stir the peach mixture as needed until the sugar dissolves. Start smashing the peaches to infuse the simple syrup with the peach flavour.
- 2. Cover the saucepan with a lid and remove from heat. Allow the peaches to sit in the simple syrup and steep for 30-35 minutes. Smash the peaches against the sides of the saucepan to release as much flavour as possible the peaches should be mushy and broken down. You could use a stick blender to pure them them up.
- 3. Strain syrup in a fine mesh strainer and press the peaches against the strainer to release as much flavour as possible. Store the peach simple syrup into a bottle or container. Place in the refrigerator and allow it to cool.

ICED TEA:

- 1. Bring the water to a boil, remove from heat, add the tea bags, and allow the tea to steep for 4-5 minutes. You can use additional tea bags if you prefer a stronger tea, alternately, you can use less tea bags if you prefer a weaker tea.
- 2. Once brewed, remove tea bags, transfer tea to a large jug Refrigerate to cool.

PEACH ICED TEA IDEAS:

- 1. Serve the peach syrup alongside the brewed iced tea or add the simple syrup to the tea prior to serving. Serve with lots of ice.
- 2. Make into a tasty punch with lots of ice, mint leaves, lime slices. Add a half a bottle of lemonade for a bit of party fizz.
- 3. Try adding a sprig of thyme or rosemary into your peached iced tea for a subtle tasty difference.
- 4. If you can't get fresh peaches, try tinned peaches or a combination of tinned peaches and mangoes. Yum!